



## CHARLOTTE MAXWELL CLINIC INTEGRATIVE CANCER CARE

### Spring Greetings

As the world around us blooms with the promise of spring, we at Charlotte Maxwell Clinic feel renewed by the strength and resilience of our community. This season is a reminder of what can grow when people come together in compassion and care.

At the center of our work is a devoted circle of volunteers, donors, and staff whose commitment makes everything possible. Your generosity and belief in holistic, equitable care have a lasting impact on the lives we serve.

With gratitude and hope, we move into this new season rooted in healing, justice, and community.

– The Charlotte Maxwell Team

### In this Newsletter

#### The Gift That Keeps us Going

Learn about the critical role donors play in supporting Charlotte Maxwell's work [here](#). Become a sustaining supporter of the Clinic's services [here](#).

#### 2024 Clinical Impact

This past year, CMC grew in every respect: in clients, clinical visits, and volunteers! Learn more about the clinic's impact over the last year by the numbers [here](#).

#### Impactful Programming

Through our Peer Navigator program, we worked with our colleagues at BLACC (Black Ladies Advocating for Cancer Care) to bring new clients into the Clinic. Learn more about our peer navigation work [here](#).

#### Client Spotlight

The Charlotte Maxwell Clinic exists to support women on their cancer journey. Hear from one of our extraordinary clients about their experience [here](#).

#### Appreciating our Volunteers

CMC's work is driven by our community of volunteers. In April, we took time to celebrate their hard work! Take a look at our appreciation event [here](#).

#### Training the Next Generation

The Charlotte Maxwell Clinic is a training site for graduate interns and students of local colleges, helping train new integrative health practitioners. Read more about these efforts [here](#).

#### Gratitude and Goodbyes

This month, we said farewell to two of our team members. We appreciate their contributions to the Clinic's success and wish them well in their future endeavors. Read more [here](#).

# The Giving That Keeps Us Going

Our donors are the quiet force behind every healing moment at Charlotte Maxwell Clinic. From funding acupuncture and massage therapy to supporting herbal medicine and emotional wellness, donor contributions directly empower our mission. Every gift—whether large or small—helps us meet the growing needs of our community, sustain a safe and nurturing space, and honor the dignity of each client who walks through our doors. We are deeply grateful for the compassion and commitment of those whose generosity makes this work possible.

*If you'd like to support our work, you can become a donor by simply contributing [here](#)—every gift makes a difference, and even small monthly contributions go a long way in sustaining our care.*

## Clinical Impact- 2024 in Review

**267**

Clients

↑ 26% from  
2023

**2,668**

Client Visits

↑ 33% from  
2023

**119**

Practitioner  
Volunteers

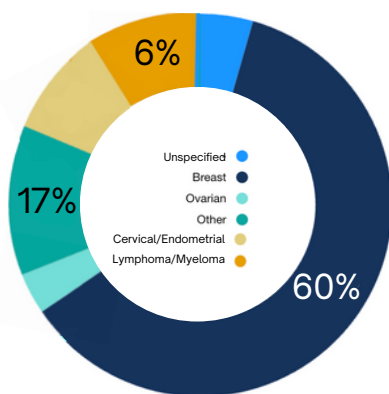
↑ 32% from  
2023

**49**

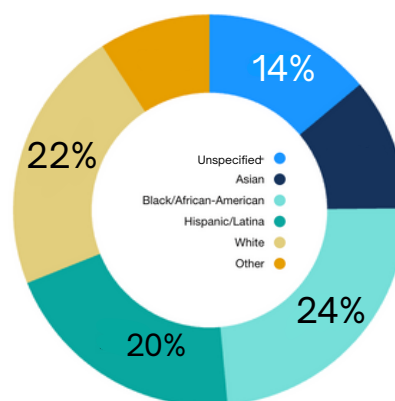
Program  
Support  
Volunteers

↑ 75% from  
2023

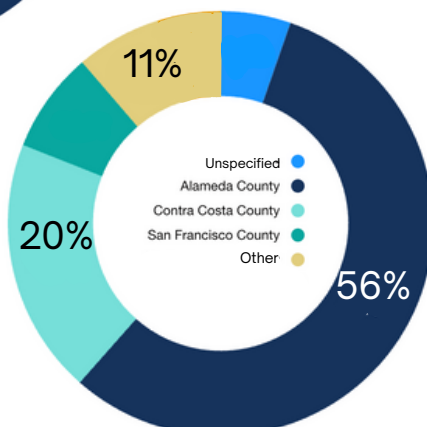
Type of Cancer



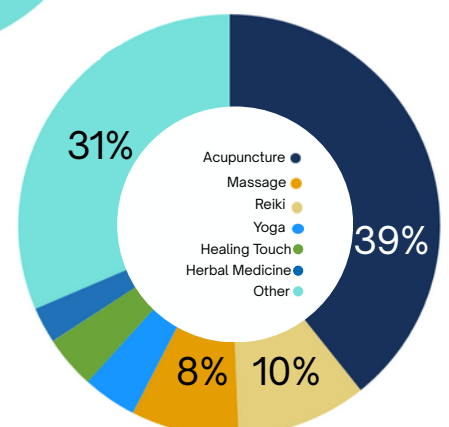
Self-Reported Race



Residence



Modality



# Impactful Programming

Our Peer Navigators, in collaboration with our colleagues at BLACC (Black Ladies Advocating for Cancer Care), have played a vital role in expanding access to care at CMC, connecting forty-eight new clients with our services. Through outreach and support, the program guided clients into care and ensured they were able to engage with the services available to them. This work reflects our commitment to equity in healthcare and meeting the needs of those most impacted by systemic barriers.

*"I came to know about the Charlotte Maxwell Clinic through the BLAAC Peer Navigation Study, a pilot program launched in the latter part of 2024 to support Black women navigating breast cancer. My involvement in this study—supported by Stanford Medicine's Office of Community Engagement—has connected me to an incredible network of compassionate care, guidance, and sisterhood.*

*The staff and volunteers at Charlotte Maxwell are perfectly suited for the work they do. From the moment I walked through their doors, I felt seen, heard, and embraced. Their kindness, support, and willingness to go above and beyond have made a lasting impression on me. They have created an environment where I am truly comfortable, and that sense of safety and dignity is priceless.*

*This has been one of the best experiences I've had since being diagnosed with breast cancer. I offer my heartfelt gratitude and kudos to all the women of Charlotte Maxwell who generously give of their time and resources to care for others. Their dedication and heart-centered service have made a profound difference in my journey—and I'm sure in the lives of many others".*

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## Healing Journey: A Client's Story

**Read about one of our client's experience, in her own words...**

"Fortunately, I am a client at the Charlotte Maxwell Clinic (CMC). CMC offers unique healing support for women facing cancer diagnoses, emotional distress, and financial constraints. I always feel welcome there.

The care from practitioners and staff is extraordinary. Everyone generously gives their precious time and expertise toward clients' healing. I look forward to each appointment in an environment where I am appreciated and treated with utmost kindness. I enjoy all the sessions, especially Reiki, massage, Feldenkrais, Healing Touch, and others, too many to name. Moreover, local farmers donate organic food (including vegetables, fruit, and soups) with healthy recipes, and artists contribute their beautiful crafts.

I am grateful to everyone at CMC for uplifting my body and spirits on my healing path!"

# Party with Purpose: Charlotte Maxwell's Birthday & Our Volunteer Stars

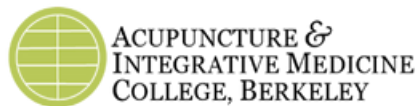


On April 21st, we hosted a special Volunteer Appreciation Event to honor the incredible individuals who give their time, energy, and hearts to Charlotte Maxwell Clinic. This date holds extra meaning for us—it's also the birthday of Charlotte Maxwell herself, a woman whose legacy is rooted in volunteerism and a deep commitment to community care. We can't think of a more fitting way to celebrate her life than by recognizing those who continue her mission every day!



# Educating the Next Generation of Practitioners

The Charlotte Maxwell Clinic is a training site for graduate interns of local colleges. A total of 17 acupuncture and occupational therapy students from Acupuncture and Integrative Medicine College and Samuel Merritt University completed their internship hours and/or doctoral capstone projects with CMC last year. AIMC interns provided direct care through CMC's community acupuncture program.



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## Gratitude and Goodbyes!

As we move into a new season, we also say goodbye to a few cherished members of our Charlotte Maxwell Clinic team. We're so grateful for the care, passion, and dedication they brought to our community. While it's always hard to see team members go, we're excited for what lies ahead for them and wish them all the best in their next chapters. Thank you for everything—you'll always be part of the CMC family.



**Lisa Hartfield**  
**Volunteer and Community Engagement  
Manager**



**Melbra Watts**  
**Executive Director**

Good luck on your next steps!